

Sports

Welcome back to a new school year. With a new school year comes fall sports. It's still over 100 degrees but they still call it fall sports.

Here is the line-up in no specific order. Cross country is coached by Mr. Steigleder and Mrs. Hetherington. I am a returning participant. Our first meet was Wednesday September 9th in Exeter. We did very well for our first meet. Cross country's always looking for more runners so come for practice after school in the gym. You must be eligible, though. To be eligible to participate, you must have at least a 2.0 GPA, which is a C average. You must be passing all subjects and you cannot have any referrals. These are easy, rules to follow. Continuing on with the line-up, volleyballs' first game was Tuesday September 1st at home vs. Burton. We had a win our first game for both the JV and Varsity teams. We had a lot of supporters. Then Sequoia played at Bartlett and we ended up having another victory. Sequoia then played at Garvey and sadly didn't have a win. We'll get them next time though. Volleyball coaches are Mr. Haas and Mr. Salazar. They're next game is next week. Next sport is flag football which is coached by Mr. Lee. We went undefeated last year and we're expecting to do just as well this year. Their first game is September 17th. Also, Sequoia has taken in a new sport, water polo. This is our first year with water polo and it is being coached by Dr. Santos' son Coach Jared Santos. Practices for water polo are being held at Granite Hills High School from 5:30 to 7:00 pm.

We're going to have a good year once again. Let's add more trophies to our trophy case and more banners on our wall. Go Hawks!

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